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**Present Positions**: Head of Nursing Practice at Royal College of Nursing, Honorary Respiratory Nurse Consultant at George Eliot Hospital & Advanced Nurse Practitioner for Care UK – Warwickshire Out of hours GP Service. Chair of ARNS and ERNA & board member of ESNO.

## **Academic History:**

Subject	Level/Grade	Organisation	Year
English Language	GCSE C	Dudley college	1988
Human Biology	GCSE B	Dudley college	1988
Sociology	GCSE C	Dudley college	1988
Psychology	GCSE C	Dudley college	1988
Maths	CSE 1	Buckpool School	1987
Child Development	GCSE C	Dudley college	1988
RGN	Certificate	Coventry school of	1989-1992
		Nursing	
Teaching and Assessing	Level 2/ ENB 998	Coventry school of	1997
		Nursing	
Nursing Studies	Diploma	Coventry University	1997-1999
Nursing Studies (inc ENB x 4)	Bsc (Hons)	Coventry University	2005-2007
Health Assessment	Level 3	Coventry University	2008-2009
Non-medical prescribing	Masters certificate	Coventry University	2009-2010
Respiratory Care	Masters	Education for Health	2008-2011
PG Cert – Higher Education	Masters Cert	Coventry University	2012-13

## **Training History:**

Course:	Organisation	Year trained			
Systematic approach to nursing	Solihull Hospital	1993			
Intravenous Drugs	Walsgrave Hospital	1995			
Cannulation	Walsgrave Hospital	1996			
Venopunture	Walsgrave Hospital	1996			
Male Catheterisation	Walsgrave Hospital	1998			
Arterial Blood gas	George Eliot Hospital	2008			
Mid Line insertion	George Eliot Hospital	2014			
Management course	George Eliot Hospital	2001-2002			
Leadership course (inc Directors course)	Warwickshire PCT & GEH	2010 & 2015			
Appraisal Course	George Eliot Hospital	2005			
Intermediate Life Support	George Eliot Hospital	2006 (and updates)			
None invasive ventilation	BTS and GEH 2005 and 2009				
End of life communication	BTS/ARNS	2009			
Advanced Communication skills	Arden Cancer Network	2011			
Media training	Association of respiratory nurses 2013				
Smoking Cessation	NCSCT 2010 & 2012				
Numerous short courses and conferences on a wide range of health and social care issues					

## **Employment History:**

Role	Organisation	Commen ced	Ended	Description
Staff Nurse- D	Solihull Hospital	May 1992	Aug- 1994	Junior staff nurse on a stroke unit
Staff Nurse - E	Walsgrave Hospital	Aug- 1994	Nov- 1998	Senior Staff Nurse on respiratory ward and acted up regularly as night sister
Practice Facilitator  –F	Walsgrave Hospital	Nov- 1998	Nov- 1999	One year secondment to develop NVQ and Support Worker role. Also covered Trained Nurse development for 6 months. D32/33/34 qualified.
Ward Sister- F	George Eliot Hospital	Nov- 1999	Dec- 2004	Developed a medical ward into a respiratory ward, included NIV. Also worked on Emergency Medical Unit, setting up unit and then as a coordinator.
Ward Manager-G/7	George Eliot Hospital	Dec 2004	Feb 2010	Respiratory ward manager with 24 hour responsibility, budget and staff management. Developed the concept of a respiratory support service and managed.
Senior Sister for Respiratory Support service increasing to Advanced Nurse Practitioner (April 2012) for ambulatory care and stop smoking service (8a)	George Eliot Hospital	Feb 2010	- 0.6 WTE	Developing RSS and then rolling out the concept to facilitate an Ambulatory Care Team and Unit. Providing acute emergency care on an outpatient basis. Developed and managed stop smoking service across hospital and outreach into community.
Senior Lecturer for Non medical prescribing and adult nursing Guest Lecturer	Coventry University	Nov- 2011 April 2014	- April 2014 ongoing	Module leader for 386/387 CPD and member of module team for all non-medical prescribing courses. Respiratory and Health assessment teaching.  Developed a smoking cessation module – CPD level 3  Fellow of Higher Education
Nurse Consultant (acute medicine) and Stop smoking service manager. Non-medical prescribing lead and BTS Stop Smoking Champion.	George Eliot Hospital	January 2014	Seconds to RCN Oct 2016	Development of a 41 bedded Acute medical unit and ambulatory unit. External recognition by CQC, HSJ Rising Star and Nursing Times Team of the Year 2014. Strategic planning of inpatient and ambulatory pathways. Clinical leadership across AMU/ A/E & ACU

Advanced Nurse Practitioner	Care UK (Harmoni)	2011	ongoing	On out of hours GP rota providing autonomous care to all age groups in clinic, on telephone and in own home. Provided comprehensive audit of my clinical skills and access to a wide range of primary care education
Head of Nursing Practice (also acting Associate Director of Nursing)	Royal College of Nursing	Oct, 2016	-	Secondment for 1 year then substantive. Leading the Nursing practice team of Professional Leads and Nursing Co- ordinators. Responsible for 35 Clinical Members Forums and the nursing practice agenda. 3 months cover for Associate director of nursing with Nursing department leadership.

## Organisations/ publications:

I became a member of the Association of Respiratory Nurse Specialists in 2009 and a committee member from 2011 and Chair from May 2017-19. I am the Chair of a European respiratory nursing board and chairing the European Federation of Nursing Advanced Practice Group. Have contributed/co-author to national guidelines & quality standards (British Thoracic Society and NICE). Presented nationally & internationally at conferences, organised educational events and have co-editing a Respiratory Nursing at a Glance book.

Currently sit on the British Thoracic Society Tobacco SAG and the Ambulatory PE guideline group. I represent the Royal College of Nurses on the All Parliamentary Party Group for Smoking and Health, RCS TAG and sit on numerous boards, committees and have wide range of media experience.

- Preston, W (2013) 'the increasing use of non-invasive ventilation' Practice Nurse 24(3): 114-119
- Preston, W et al (2012) Poster: Respiratory team leading a secondary care stop smoking service 10.1136/thoraxjnl-2012-202678.175
- <a href="http://www.brit-thoracic.org.uk/Portals/0/Delivery%20of%20RespCare/Stop%20Smoking%20Champions/Smoking\_Cessation\_Report.pdf">http://www.brit-thoracic.org.uk/Portals/0/Delivery%20of%20RespCare/Stop%20Smoking%20Champions/Smoking\_Cessation\_Report.pdf</a>
- <a href="http://www.brit-thoracic.org.uk/ClinicalInformation/SmokingSmokingCessation/SmokingEducation/tabid/215/Default.aspx">http://www.brit-thoracic.org.uk/ClinicalInformation/SmokingSmokingCessation/SmokingEducation/tabid/215/Default.aspx</a>
- <a href="http://www.nursingtimes.net/Journals/2014/02/06/c/s/y/Are-e-cigarettes-a-safer-alternative-to-smoking-120214.pdf">http://www.nursingtimes.net/Journals/2014/02/06/c/s/y/Are-e-cigarettes-a-safer-alternative-to-smoking-120214.pdf</a>
- http://www.magonlinelibrary.com/doi/10.12968/npre.2015.13.10.486
- <a href="http://www.respiratoryfutures.org.uk/features/electronic-cigarettes-clinical-solution-or-pragmatic-compromise-guest-blog-by-wendy-preston/">http://www.respiratoryfutures.org.uk/features/electronic-cigarettes-clinical-solution-or-pragmatic-compromise-guest-blog-by-wendy-preston/</a>
- http://www.independentnurse.co.uk/blogs-article/a-moment-of-advice-can-save-a-life/145991/
- 2016 Respiratory Nursing at a Glance Preston, W & Kelly C Wiley Blackwell <a href="http://eu.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003570.html">http://eu.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003570.html</a>
- 2016/17 numerous contribution to papers in Health Service Journal, Nursing standard & other RCNI journals
- 2018 Thorax: BTS Ambulatory PE guidelines; Howard, L et al
- 2017 –RCNi Smoking Cessation CPD module

I also tweet professionally on nursing & health care issues, smoking cessation, respiratory nursing and leadership matters, this is an excellent way of networking nationally and global.

My twitter account is: @wendypresto